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NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART

Humboldt County, CA | FREE
Thursday, April 16, 2020
Vol. XXXI Issue 16
northcoastjournal.com

THE COVID CONJUNCTURE + THE LITTLE SCHOOL THAT COULD

A pair of very different organizations step up to meet community needs, whatever and wherever they may be

By Thadeus Greenson





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Atonement

The rain and the burning sun entwine;
and what becomes of water and fire
but spirit-lifting mists,
vaporous and lovely,
rising like a host at the height of prayer.

True, it's cold now;
but remember the heat
and how it slows and softens us.
We are blown into flame;
bellowed and molded.

Oh! look at the moving stars;
we spin on a tiny sphere
Fly in hurtling steel
Dive in ocean deeps
Drive at life-threatening speed.

We want it all, the comfort
and the notion that we will not pay.
Yet there'll be no resisting the day
when flesh greets rock
and we're brought to our gravelly knees
in a gritty embrace of the earth.

— Tamara Jenkinson-Parish

On the Cover
Illustration by Annie Kassof




NORTH COAST JOURNAL OF POLITICS, PEOPLE & ART
April 16, 2020 • Volume XXXI Issue 16
North Coast Journal Inc.
www.northcoastjournal.com
ISSN 1099-7571 © Copyright 2020

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Cars line up for Food for People's food box distribution Friday.

Phil Gutierrez

'A Real Surge'

With job losses mounting, more people look to the food bank for help

By Thadeus Greenson

thad@northcoastjournal.com

It was an unprecedented task. Food for People had received more than 1,161 food boxes from the California Association of Food Banks thanks to a \$600 million allocation aimed at feeding households during the COVID-19 outbreak.

Food for People Executive Director Anne Holcomb said the food bank elected to distribute more than 500 of the boxes through its backpacks for kids weekend hunger relief program, knowing those families were already struggling before a shelter-in-place order shuttered most businesses in the county, leaving scores of people out of work. Then it decided to give out the rest on April 10 via drive-through distribution designed to limit physical contact in the north parking lot of the Bayshore Mall. It was slated to begin at 2 p.m. and span two hours.

"Forty-five minutes before we were set to start distributing, we already had 50 cars lined up," said Holcomb, adding that volunteers loaded up cars from 375 different households representing more than 1,300 people with up to two boxes of food. "It just shows the level of need out there."

According to the U.S. Census, more than 20 percent of Humboldt County households lived in poverty — earning less than \$26,167 annually for a family of four — prior to COVID-19, which has brought devastating economic impacts.

A survey conducted by the Humboldt County Office of Emergency Services of 519 local businesses — representing about 16 percent of local employers — found they have combined to lay off more than 1,700 workers lost more than \$21 million in revenue due to COVID-19. Eleven businesses reported closing entirely. (Business owners who haven't filled out the survey can find it at www.hccovid19economicimpactsurvey.question-pro.com.)

And while the federal \$2 trillion CARES Act provides \$600 a week in additional un-

employment benefits for most laid off workers, California's Employment Development Division has been struggling to keep up with unprecedented demand, having received 2.3 million new claims over the past month, more than were filed in all of 2019. Consequently, benefits checks have been slow in arriving, with reports indicating some have seen more than a month pass between filing an application for benefits and the arrival of their first check from the state.

Holcomb said Food for People has seen the number of households facing food insecurity skyrocket.

"We're starting to see a real surge over the last couple of weeks in people asking for help," she said, that some of the local network of more than 15 food pantries have doubled or tripled weekly allocations.

And the surge in need comes at a challenging time for the nonprofit, which was forced from its main building last month after a sewage leak caused widespread damage. The nonprofit is now operating out of a warehouse with limited office space in the old Chamber of Commerce building on Broadway in Eureka. It's also having to dramatically rethink operations to allow for the social distancing measures needed to slow COVID-19's spread.

Holcomb said since the Great Recession, Food for People has really looked to focus on distribution models that provide people with choices more akin to the dignity of a traditional grocery shopping experience. But with COVID-19, that's much more difficult.

"We're setting up distribution in different communities," she said. "Most people are very appreciative and honor social distancing but not everybody does. If we don't have enough people to manage the crowds, it turns into something where it isn't safe for anybody."

And a good number of the volunteers who have generally supported the nonprofits

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NCJ NEWS

Continued from previous page

efforts of this sort are over the age of 65 and ordered to stay at home.

"A lot of our typical volunteers are older," Holcomb said. "They're retirees, so we've had to ask them to step back, which kills them, but we've got to keep them safe."

So Holcomb said Food for People has started leaning more heavily on other community-based organizations, offering to drop off bulk food shipments for them to distribute.

"It's evolving day by day, honestly," she said.

Anyone in need of food assistance should visit www.foodforpeople.org or call 407-0447 for the latest on distribution, Holcomb said.

For folks looking to help, she said Food for People can't take food donations from individuals at this time, as coordinating to receive them in a way that honors social distancing practices and also sanitizing them is too labor intensive.

"It's just not the time," she said. "We can't safely handle donations from a bunch of different sources."

Instead, she urged those wanting to help to donate financially via the nonprofit's website so staff can use the funds to purchase

pallets of food, which is much more efficient.

Food for People is also still in need of additional warehouse space, Holcomb said, adding that she's thinking creatively, including a potential partnership with local schools. The nonprofit could also use additional young, able-bodied volunteers, she said, adding that anyone interested should fill out a form on the organization's website.

And Holcomb stressed that anyone who missed out on Friday's distribution — which she said was made possible with the help of Cooperation Humboldt volunteers and traffic control from the California Highway Patrol and Eureka Police Department — should contact their local food pantry, many of which are open extended hours. As Food for People pivots to new distribution models to meet an unprecedented need, Holcomb said she's very grateful for the outpouring of community support she's seen in recent weeks.

"We really appreciate the community response to this as we're all try to navigate the fear and the concerns about how our community will survive," she said.

Editor's note: A version of this story was first published April 13 at www.northcoastjournal.com.

Test Cases

The streak of no new local COVID-19 cases coincided with a testing lull

By Thadeus Greenson

As the *Journal* went to press, Humboldt County Public Health announced its first positive COVID-19 case in a week, breaking a streak that began somewhat abruptly just days after the local caseload more than doubled over the course of seven days. The lull in positive tests was a remarkable change coming just as many were bracing for local numbers to continue to rocket upward.

It's hard to figure out what to make of the change, as it came just after Humboldt County ratcheted up social distancing recommendations — modifying a shelter-in-place order to make it more stringent and officially asking residents to wear facial coverings when leaving home — but also as testing numbers dipped significantly.

The week of March 30, when Humboldt saw its caseload double, 536 residents — or 76.6 a day — were tested for COVID-19. The following week, when six cases were announced and the no-new-case streak began, just 319 residents were tested, or 45.6 a day. That's a 40 percent drop-off, much of it

due to a sharp decline in tests results coming from the two out of area corporate labs that process local samples.

After testing an average of 38.66 patients per day over a nine-day stretch, the labs returned just 4.5 test results a day over the next six. Then as the *Journal* went to press April 14, Public Health reported the labs had processed 18 tests that day.

At a media availability event last week, Humboldt County Public Health Officer Teresa Frankovich said she, too, had noticed the significant drop-off in test results coming from out of the area and wasn't sure whether it was the result of fewer residents being tested or a backlog at the testing facilities.

The *Times-Standard's* Sonia Waraich reported April 10 that Open Door Community Health Centers CEO Tory Starr said that one of the private labs — LabCorp — had "totally gotten backed up." But a company spokesperson also told Waraich that it had ramped up testing capacity by about 40,000 tests per day. While Humboldt County has generally gotten results back from the private

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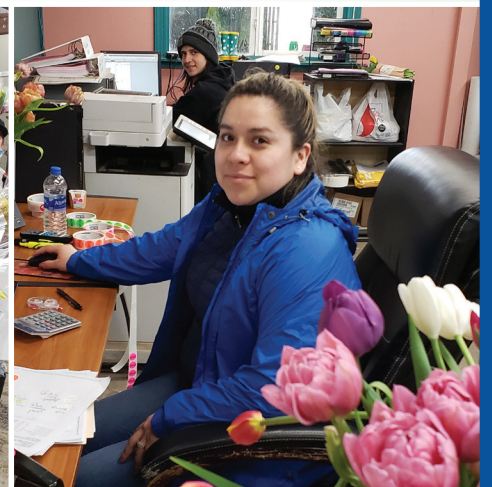
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labs within three or four days of sending a sample, other areas have complained of delays of seven to 10 days. All of this points to a possible backlog of test results set to hit Humboldt County in a bunch. If that's the case, we should begin to see it in the coming days.

But Frankovich also posited that maybe healthcare providers are just testing fewer people. Humboldt County is heading out of the traditional flu season, she said, so there are fewer people with respiratory illness symptoms that can present like COVID-19 and trigger a test. There may be some evidence to support this, as the local public health laboratory's testing rate also declined the week of April 6, dipping about 20 percent from its high of 253 tests run the week prior. But that theory would also suggest, as Frankovich mentioned, that people coming to their providers with respiratory illness "may be increasingly likely to test positive for COVID."

But Humboldt County is not seeing a higher percentage of its daily tests coming back positive. It's been the opposite. As of April 14, 1,455 Humboldt County residents had been tested for COVID-19, with 51 returning positive, or an average of roughly one positive for every 28 tests. Over the six-day span, Humboldt County saw 229 samples pass without a positive case. That's unquestionably a small sample size and could prove an anomaly. Only more testing will tell.

Of course, testing availability remains incredibly limited. While Humboldt County has tested significantly more people per capita than other California counties — as of April 9, it was testing at more than double the rate of Los Angeles County, for example — there still aren't enough supplies to test everyone who is symptomatic, much less to conduct more proactive surveillance testing.

That's because the supply chain remains under incredible strain, with everything from testing swabs to reagents in short supply and high demand. This coupled with the fact that the local Public Health lab can turn around test results days faster than its corporate counterparts has left Public Health to be very selective about which patients get tested locally and which samples get sent out of the area. The last thing Public Health wants is to run out of tests due to supply chain issues and see a critically ill local patient — or someone like a healthcare worker, with a great capacity to spread the illness — whom it can't quickly test. So the department is, to a degree, conserving tests.

"We are constantly in a position of working to acquire more kits because we're using them on an ongoing basis," Frankovich said.

As of this writing, Public Health is reporting that it has capacity on hand for 580 tests, but since March 21 that number has fluctuat-

ed from a low of 398 to a high of 750.

Frankovich said last week that providers are still following the Centers for Disease Control recommendations regarding who gets tested: people who are severely symptomatic or symptomatic and in a high risk group (like over the age of 65 or with an underlying health issue) or have come into contact with a confirmed case. People who are mildly symptomatic are still being told to stay home, isolate and monitor their symptoms, as there is still no cure or treatment for the disease, and someone with a confirmed mild case would be told to do the same.

Of Humboldt County's 51 confirmed cases, 23 were traced back to contact with another known case, 20 others were related to international travel and the latest remains under investigation. But the seven others are believed to have stemmed from community transmission, meaning the source is unknown but believed to have been from someone or somewhere in Humboldt County. This would indicate the virus is continuing to spread through the community because Public Health hasn't been able to conduct contact investigations, intervene and order people to quarantine. Some studies have also shown that 25 percent of people who get the virus never become symptomatic, meaning they can spread it without ever knowing they had it.

Frankovich said last week, toward the beginning of the no-new-case streak, that Humboldt County was nowhere near its peak of COVID-19 cases. Pressed a couple days later to elaborate on the county's modeling projections, she said there are too many variables to have any faith in them but that the state may be releasing county-by-county projections soon. But with just roughly 1 percent of Humboldt County residents having been tested — and remember, we're ahead of almost the entirety of the state with that number — it will be hard to know how much stock to put in those models.

As other countries have shown, widespread testing has been a crucial component of getting a handle on the virus. In that sense, we're moving in the wrong direction.

"The more we can test the more we can detect," Frankovich said last week. "But I can tell you because we've identified community transmission cases that we do have COVID circulating in our community." ●

Editor's note: A version of this story was first published at www.northcoastjournal.com on April 14.

Thadeus Greenson is the Journal's news editor and prefers he/him pronouns. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

Trapped

By Peter Stoll

views@northcoastjournal.com

It is a beautiful Monday in Humboldt County, one of those days where the blue accentuates the deep green ridge of the tree line and reminds one of the grandeur that surrounds us. And for school districts and their communities, this gorgeous day kicks off the beginning of spring break. I have the interesting vantage as an educational administrator watching teachers and educational specialists work tirelessly to provide meaningful distance learning opportunities for their students. Additionally, I am a parent of a child engaged in distance learning during her school's closure. My daughter's teacher is among many in this community who deserves a standing ovation for their efforts to virtually engage students and infuse social emotional care while providing opportunities to move academic skills forward. I'd love teachers to have a moment of acknowledgment like the 8 p.m. howl happening in neighborhoods globally in appreciation of our courageous health workers.

Spring break as an ideal conjures thoughts of traveling, sleeping in, loosening the routine and having fun. But for many during this unprecedented time, it feels like just another week at home as we cross the one-month mark of shelter in place. The quarantine has lost its novelty and things are getting real.

Local public health officials have echoed the national recommendation to wear masks or face coverings when leaving the house. While it seems this is only being adhered by some, we should give credit to the creative, industrious folks in

our community. There are some awesome homemade masks out there. (My family was bestowed masks by a close friend and colleague, and my daughter likes hers so much she wants to go on walks just to show it off!) Public access points are being shut and social distancing — even on a day you just want to have a barbecue — remains in full swing. As we round April and look toward Memorial Day, the desire is to gather. If things are challenging at home, that desire to get out will be even more intense. But it is not time to let our guard down.

As I write this, many of us share in the quiet celebration of a string of days with no new identified COVID-19 cases in Humboldt County. This may be in part due to our community's ability to step up and mind important social distancing practices. I have heard some are concerned that because of the lull in cases, there may be a loosening of vigilance. So let us celebrate with continued practice: Cover-up and be mindful of the essential need to maintain the protocols of social distancing and shelter in place.

Safety First

If there were a universal prayer for every household and for every individual during this time, it would for safety and protection. That's the very point of sheltering in place but what happens when one's shelter isn't safe? Among the most concerning of the host of issues during this time is the rise of domestic violence. Domestic violence is a deeply concerning

social issue at any time, and to read about its increased intensity during this time is both disturbing and — horribly — not surprising. For domestic disturbances to occur, people need to be in proximity to one another. We have a current mandate to stay at home, so the potential for domestic violence unfortunately increases in stressed homes. I read that in Japan there have been public service announcements providing instructions of specific code words people should say so when a victimized person goes to a pharmacy they can signal their need for help. I froze for a moment when I read this, as this global dynamic sunk in. This must be talked about, must be outed. This is something that must be discussed by every person, of any gender identification, of any culture. We have to do what we can as a community to support those who are victimized.

Just this morning, a cadre of more than two dozen U.S. Senators demanded that the next COVID-19 bailout bill prioritize domestic violence survivors. This non-partisan bill recognizes the vulnerability of victims of sexual assault and family violence during the shelter in place orders across the country. It asserts that during this time of national (global) emergency, individuals may experience an increased rate of victimization. With this increase is the fact that rates are vastly underestimated because of the insidiously silent nature of this form of violence and reduced access to reporting. Shelter in place has compounded the issues surrounding reporting and accessing support, which have always been challenges to addressing domestic violence. These senators are pushing for increased funding for family violence shelters and national violence hotlines, and urging the Department of Justice to provide additional funding to agencies and divisions that actively support and outreach to individuals who may

be suffering from domestic violence.

Locally, a vital resource is the Humboldt Domestic Violence Services (www.hdvs.org), which is considered an essential service and remains open to serve clients during shelter in place. Its support line is 443-6042 or toll free at (866) 668-6543. The HDVS website states, "HDVS is an independent, nonprofit agency dedicated to promoting the rights and welfare of those who have survived or are enduring domestic and intimate partner violence or sex trafficking throughout Humboldt County." The organization's services are free of charge.

There are primary and potentially secondary victims of this form of violence. Individuals may feel isolated and distanced from support. Children or other witnesses are likely secondary victims who also need support and protection. This type of violence — which can be physical, sexual, emotional, verbal and/or financial in nature — is based on power and control, and perpetuates a power imbalance.

As a community, we need to heighten our awareness and protection of our families, friends and neighbors. It is important not to remain silent in the face of concern or suspicion. Like what they are doing in Japan, we need to help open the door and create spaces to give people experiencing domestic violence an opportunity to ask for assistance and help. Together we can help tighten the net of support and move toward creating a safer community. Additional resources: Call the Humboldt Family Service Center at 443-7358, or 911 in the case of emergency.

Take care and be well. ●

Dr. Peter Stoll is a credentialed school psychologist and administrator and prefers he/him pronouns. He is a program director for the Humboldt County Office of Education and the Humboldt-Del Norte SELPA.

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Humboldt County early childhood agencies have been working together to ensure the current needs of children and families are addressed. An emergency childcare task force team has convened with representation from Changing Tides Family Services, First Five Humboldt, Humboldt County Office of Education, Eureka City Schools and College of the Redwoods Child Development Department. It meets regularly to discuss the latest local data and guidance from the state. Its role is to collaborate and advocate for the childcare and mental health needs of local families.

Changing Tides is the central agency for matching the needs of essential workers with childcare programs that have space in the community. First Five Humboldt has surveyed parents to determine the needs of families with young children including mental health and the need for supplies, such as diapers and baby wipes. Eureka City Schools is offering to provide meals to young children in childcare within the district as an extension of their "free meals for kids" program. The Humboldt County Office of Education supports districts who are able to assist with emergency "pop up" childcare. To learn more about local resources for parents, educators and child care providers during this difficult time (as well as activities for the Week of the Young Child) visit the websites for Changing Tides Family Services, the Humboldt County Office of Education or First Five Humboldt.

Childcare is one of the most important economic issues of our time as it works indirectly to stimulate regional economic growth through its support of increased

labor force participation and workforce education. States with high job participation rates and education levels consistently have higher incomes and lower poverty rates. Access to affordable childcare plays a critical role in the process by enabling parents to enter the workforce or to seek training and education. The Committee for Economic Development reports the childcare industry has a \$99 billion economic impact with more than 80 percent of working families with children under the age of 5 needing childcare. Therefore, it is imperative that we ensure our local childcare businesses are supported to provide the care needed for the labor force.

Childcare providers deliver care and supervision for the children of our essential workforce and play a key role in helping to stop the spread of COVID-19. During this Week of the Young Child, extend your thanks to those in our community who are taking care of young children: grandparents, neighbors, friends and childcare providers. They are the unsung heroes holding together the fabric of this community.

Cindi Kaup is the mother of three grown children, serves as the early childhood education coordinator for the Humboldt County Office of Education and prefers she/her pronouns. She holds a Master's degree in early childhood special education from Humboldt State University, has worked in the field of early child development for 30 years and lives in Eureka.



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The COVID Conjuncture

Amid an historic event, Cooperation Humboldt looks to create historic change

By Thadeus Greenson

thad@northcoastjournal.com

Do you know what a historic conjuncture is, David Cobb asks. Told no, the already quick cadence of his voice quickens over the phone.

The term, the 2004 Green Party presidential nominee excitedly explains, was coined by Antonio Francesco Gramsci while the philosopher was imprisoned by Benito Mussolini's fascist regime and describes a moment when society shifts in a permanent way. Generally, Cobb says, if you want to predict what today's going to look like, just look at yesterday. If you're interested in tomorrow, look at today.

"It's predictive ability," he says, adding that it applies 99 percent of the time. "That's true until moments of historic conjuncture, true until there's a huge shift — a point in history when there's such a shift that nothing looks the same."

And here we are. In the weeks since COVID-19 spurred the county's shelter-in-place order, isolating North Coast residents, grinding much of the local economy to a halt and threatening the health and wellbeing of our most vulnerable residents, a nonprofit Cobb helped found is flexing newfound muscle, mobilizing a wide array of volunteers and programs to meet needs and — maybe — permanently reshape Humboldt County.

Cobb thinks we were on the road toward an historic shift before people a continent away began falling ill at an alarming rate and COVID-19 entered popular consciousness. The global climate crisis and growing income inequality were already causing bitter political polarization, he says, which a future of increased automation and climate strife only promised to exacerbate. The center wasn't going to hold for much longer, he says, and the nation was at a precipice, ready to fall into repressive, authoritarian fascism or toward a more peaceful, democratic and sustainable future.

It was that sense back in 2016 that led to the founding of Cooperation Humboldt, a local nonprofit dedicated to helping build a local solidarity economy supporting cooperative efforts and local, sustainable solutions. Tamara McFarland, who co-founded the North Coast People's Alliance and was

the lead organizer for Bernie Sanders' 2016 presidential campaign in Humboldt County, says it was her deep conviction that "our current way of life is literally destroying the planetary systems we rely on for survival" and a desire to find solutions that drew her to co-found Cooperation Humboldt.

"I want everyone to have access to as much nutritious food as they need to thrive, and I want local residents to control how that food is produced and distributed," she says in an email to the *Journal*. "I want housing to be guaranteed for all and for residents to be empowered to make decisions about the things that affect their lives. It's way past time for regular people to be empowered to create the world they want to inhabit, and my involvement with Cooperation Humboldt allows me to help build that reality in the place I've lived for the past 40 years."

Whether it's the weight of its aspirations, the breadth of its vision or the varied backgrounds of its board members, Cooperation Humboldt doesn't look like a traditional nonprofit. Yes, it has the five-person board of directors but next to it, on the same plane in its "leadership circle" is a "core team," a group of 30 people who have taken the time to study everything from local Wiyot history and patriarchy to race and economic philosophy together. Then there are 100 to 150 active participants, people volunteering on projects and engaged in ongoing operations. The next level sees 2,500 local supporters, people who contribute what they can how they can.

In just a few short years, the nonprofit was growing up to do some big things, helping people follow their particular passions toward making Humboldt County a more equitable place to live. It planted dozens of fruit trees throughout the county, with a caretaker assigned to each to make sure the tree remained healthy, but also that its fruit would make it to local food pantries and nonprofits. It supported a "keeping residents as residents" effort to keep medical professionals in Humboldt and improve access to healthcare, and worked to create childcare cooperatives. It created a tool library and skill share network, built tiny pantries around town and helped homeowners convert lawns

to vegetable gardens.

It was also working on a handful of massive projects, according to Cobb, based on ideas that had drawn keen interest from a group of Silicon Valley "social impact investors" who had pledged to invest \$15 million to \$20 million to bring them to fruition. There were plans to build a Wiyot Cultural Center and Artists Hub that would have also provided incubator space for nonprofits, including Cooperation Humboldt. There were plans to develop "eco villages" that would allow small groups of people to live together on properties held by a land trust around "some kind of theme or shared interest," like permaculture, child raising or the arts. They were researching the creation of student housing cooperatives and a worker-owned cooperative senior care facility.

"Those were all on the cusp," Cobb says through the phone. "Then COVID hit."

The organization then quickly pivoted its focus to areas it believes can make an immediate impact on helping Humboldt County navigate COVID-19 and emerge from it a stronger community.

"We immediately said, 'Oh my god. We need to get the community ready and to be helping each other because government is going to be overwhelmed,'" Cobb says. "Society writ large is not ready for this and it's going to take all of us. Honestly, that's what we've got. We've got each other."

Cooperation Humboldt's food programs have now shifted to meet residents' immediate needs. That means coordinating volunteers to re-stock the 10 or so little food pantries it has set up, mostly in Eureka. But it also means doubling down on its food-not-lawns program, offering to send volunteers to overhaul people's yards — while practicing social distancing, of course — to vegetable-producing gardens. Volunteers are creating and delivering "ready-to-grow" 3-foot square micro-gardens with plant starts and online gardening tutorials to residents who want them.

"We believe food is a fundamental human right and that every member of our community should have access to fresh, culturally appropriate foods," McFarland says.

Then there's the online registry that connects people in need with volunteers who are standing by ready to help. It works like this:

There's a form on Cooperation Humboldt's website that allows people to log on and offer to help or report a need, which can be anything from groceries or medications to counseling or help getting to a medical appointment. A data entry team puts that information into a spreadsheet and a local "team captain" is assigned to the case. The captains then look to a bevy of volunteers — as well as "distribution

centers" with stockpiles of supplies in Fortuna, Eureka and Arcata — to make sure the need gets met. If it proves challenging, they figure it out.

Then there's a network of volunteers helping out how they can. Some make hand sanitizer, others sew masks and some who don't know how to sew simply volunteer to lend out their idle sewing machines to people who can. And all this is taking place under an umbrella organization connected enough to get things where they need to go. So when Food for People called needing volunteers to help staff a massive April 10 food box distribution, 10 Cooperation Humboldt volunteers showed up, and when the Central Labor Council called to say it had essential workers whose companies hadn't provided them masks to wear on the job, Cooperation Humboldt delivered 100 masks with another 100 on the way.

The nonprofit also purchased a "high-end Zoom" account that its loaning out to volunteers looking to host virtual dance parties, tarot readings, poetry discussions, tutorials on nonviolent conflict resolution and whatever else might keep people connected, informed, engaged and home. Another Cooperation Humboldt team lead by Danny Kelley, meanwhile, is working to help some hard hit local businesses prepare to transition into worker-owned cooperatives. Kelley says currently available expanded funding opportunities present a unique opportunity to create more worker-owned business in Humboldt County.

Jessica Hall joined while pushing the idea of a worker-owned elder care facility and found it to be a "good fit with Cooperation Humboldt's solidarity economy ethos." She says she hasn't been too involved in the nonprofit's COVID-19 response but her explanation of what drew her to the organization can be seen as a resounding affirmation of why it was perhaps so poised to step into the void after an historic conjuncture.

"I believe that we can do better — socially, ecologically and economically," she says, "and where politicians fail to lead by our higher values and principles, and private companies have outsized influence on our world, we need to create alternatives that affirm our humanity, decency, creativity, love and collective care for one another and our world."

To learn more about Cooperation Humboldt — or to register a need or to volunteer — visit www.cooperationhumboldt.com.



— Thadeus Greenson is the *Journal's* news editor and prefers he/him pronouns. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

The Little School that Could

A district steps into the void to serve an impoverished community

By Thadeus Greenson

As Humboldt County school districts stepped up to continue feeding their students amid the COVID-19 shutdown, one of its smallest districts in one of its poorest areas decided it needed to do much more.

Peninsula Union School District has one small school house that sits tucked between dunes in Samoa, serving 45 students, 95 percent of whom qualify for free or reduced cost school meals, meaning they live in or near poverty. Superintendent-Principal Lark Doolan, a Bay Area transplant and former special education teacher who took over the district in 2016, said that as soon as he and staff learned schools would be shuttered, they realized it would have a potentially devastating, multi-layered impact on some families.

Like many districts, the first thought was of food insecurity. Because of the number of families on the peninsula living in poverty, Doolan said the school serves three meals a day — breakfast, lunch and supper — to its students, plus snacks. For a family with four students in the school, that's 60 meals a week.

"That's huge for a family that's already living in poverty," Doolan said.

So as the district's three teachers pivoted toward distance learning and virtual classrooms, much of the rest of the district's staff of 13 began working to get food to families in need. And the school's theme of equity soon took on a new meaning as staff saw there were other barriers to students maintaining health and education while sheltering in place.

First and foremost, many of the students didn't have computers — or even internet access — at home, Doolan said, explaining that staff reached out to each family to assess its needs, eventually delivering Chromebooks and iPads to some and setting up Wi-Fi hotspots for others.

"Equity is so huge — If we're offering online learning for some students but not for others, that really goes against the values of our district," Doolan said, adding that staff also soon realized that some families used to having kids at school and after care from 8 a.m. to 6 p.m. daily would face added costs beyond food, as



The marquee in front of Peninsula Union School.
Photo by Whitefeather Trotta

the kids would be using more of a host of household items, from hand soap to toilet paper.

But the district couldn't just send supplies like soap and paper towels home to families, as it could constitute a gift of public resources. So the district solicited donations and got \$13,000 in funding. From there, it launched a daily door-to-door meal delivery service that really serves as a point of contact.

"As we go around, we do daily check ins on families. 'What do you need?' Then, the next day, we deliver those supplies," Doolan explained, adding that needs have stretched from enrichment baskets with art supplies and games to connections with counseling and other services.

Before long, the entire non-teaching staff was repurposed for the effort, helping with food services and an administrative assistant fielding orders from families. They researched best practices and set up decontamination systems and ways to maintain social distancing during deliveries, which always includes masks and gloves. Then one day, during a delivery, one of the school's students asked a

question that resonated: "What about our neighbors?"

Poverty is pervasive and services are scant on the peninsula, so Doolan and his staff decided it was the school's responsibility to step into the void and take care of its community. Volunteers canvassed neighborhoods looking for anyone over the age of 65 or with a compromised immune system who was in need of services. The district is now distributing about 150 meals a day, as well as groceries and a host of other supplies, while checking in on a plethora of households.

"There really aren't a lot of institutions on the peninsula, so we saw the potential to use our infrastructure at the school to serve the broader needs of the community," Doolan said. "At school, we teach about uplifting people. We talk about using our words and our actions to help our neighbors. This is an opportunity to teach our kids what it means to be in an emergency and what it means to embody those values in the community."

The district will continue providing these services as long as its able but Doolan said it will need additional funding to continue them through the duration of the shelter in place order. He asked anyone willing to help to send a check to the district office (Peninsula Union School District, PO Box 175, Samoa, CA 95564) with "COVID support" written in the memo line.

"We want to continue providing these services for as long as we can but that really depends on donations," Doolan said.

And asked how his team of 13 school workers turned cooks, delivery drivers and outreach coordinators is holding up, Doolan said their dedication is remarkable, adding that they voluntarily worked Cesar Chavez Day — a district holiday — and have asked to work through spring break.

"I'm deeply moved by their dedication," he said. "I could not be happier with the team that I'm working with."

— Thadeus Greenson is the Journal's news editor and prefers he/him pronouns. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.



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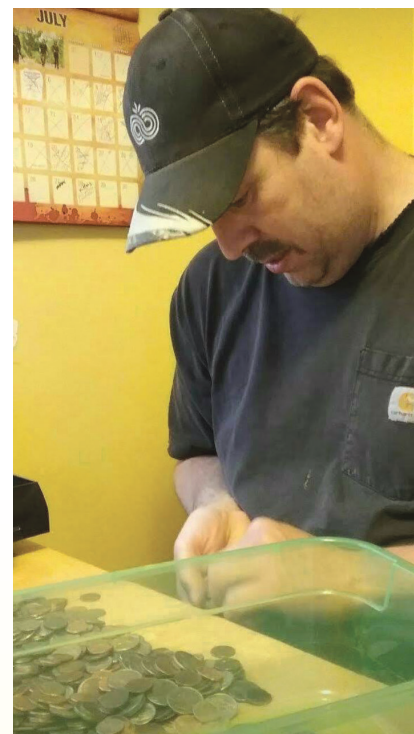


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Community Spotlight: Humboldt Spay/Neuter Network



Humboldt Spay/Neuter Network (HSNN) was formed in 2002 as a humane solution to the problem of pet-overpopulation in Humboldt County. At that time, more than 4,000 cats and dogs were being euthanized each year by Sequoia Humane Society, the county's impoundment facility, because there were too few homes for the number of animals being born.

The founders of HSNN felt that preventing the births of these unwanted animals through spaying and neutering offered a more humane and cost-effective solution. They recognized that many Humboldt County residents failed to spay or neuter their animals because of the high costs of these procedures, and started a program to make spaying and neutering affordable

for all animals.

For several years, HSNN provided vouchers that reduced spay/neuter prices at local veterinary clinics. In 2014, in response to an ever-growing demand for assistance, and increasing veterinary prices, HSNN opened its own spay/neuter clinic in a small rented space on Jacobs Avenue. This made it possible to help significantly more animals at a much lower cost per animal.

As the number of animals continued to increase, a larger facility, located at 2606 Myrtle Avenue, was purchased and renovated, opening in May, 2019. Having a larger facility has made it possible to accommodate significantly more animals, especially large dogs, and to provide basic wellness care for the animals of verified low-

income owners. At this time, our clinic provides spay and neuter surgeries for almost 4,000 cats and dogs each month.

In addition to providing spay and neuter surgeries for owned animals, HSNN volunteers conduct a robust trap-neuter return program for feral cats, providing trapping assistance and transportation for the cats, and making it possible to spay and neuter more than 500 feral cats each year. One of our first projects was at the Glendale Murphy's Market which for years had had a large feral cat population. HSNN volunteers trapped and fixed all the cats, and were able to place a number of the tame cats into homes. Those that were truly feral were returned to the area and cared for by volunteers for the rest of their lives.

One of our most active feral cat advocates is Murphy's Markets employee, Doug Davis, who is the Produce Manager at the Trinidad store. Doug is an active trapper and regularly fosters and tames feral kittens. In addition, Doug has managed the HSNN donation jars on the check stands in the store, which over the years have generated more than \$10,000 in donations for spaying and neutering.

**Courtesy of:
Humboldt Spay/Neuter Network**

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The Joy of Handmade Pasta

From the *North Coast Journal* archives

By **Simona Carini**

onthetable@northcoastjournal.com

Editor's note: The Journal's website is a treasure trove of recipes to explore while you shelter in place. This week we've plucked a Simona Carini's simple, three-ingredient homemade pasta from the stash (May 23, 2013), as comforting to eat as it is meditative to make.

In the beginning there is flour and water. Make the flour semolina flour (ground durum wheat) and make the water warm. The pale yellow semolina flour may look as if out of an impressionist painting, bathed in early morning sunlight.

In the first act of the performance, you make the dough. With a fork, you spread the somewhat recalcitrant water through the flour. When there is no more free water, the fork exits and your fingers come on stage. Your fingertips mix the wet and dry semolina. At first, it feels like there is not enough water but, squeezing the crumbly mix, the dough comes together. The graininess persists but, as you knead — pushing the dough away with the heels of your hands and gathering it back toward you in a soothing rhythm — the dough becomes smooth. It is not a soft dough but one with a strong personality, prime material for shaping pasta.

In about 10 minutes, when the dough feels smooth and firm, and the graininess is a distant memory, it is time to wrap the dough and let it relax. What happens next depends on your planned menu. The modest appearance of this dough belies its enormous potential.

The Encyclopedia of Pasta by Oretta Zanini De Vita contains entries for 310 types of pasta. The same pasta shape can have different names in different regions, or even different towns. Traditional shapes were taught by one generation to the next, so the recipes tend to have strong family roots. There is a bit of space, though, for my “rootless” interpretation — and for yours. Instead of a mother, grandmother or mother-in-law, I consult recipes and sometimes online videos, and I usually add a personal touch.

My adventure in the land of eggless pasta started with *strascinati*, made by shaping the dough into small cylinders, then dragging each one on the kneading board while pressing with your fingers. The movement thins the dough and gives it the shape of a cylindrical shell that shows the imprint of the shaping fingers in its cavity.

Shaping pasta by hand is patient work but, if you focus on each small piece of dough as if it were the only thing that matters in the moment, if you fully inhabit the sequence of gestures, then the process becomes a meditation of sorts. Each piece of pasta comes out a little different, personalized, unique.

With so many types of handmade pasta catalogued, not to mention the variations produced by using alternative types of flour, like chestnut flour or *grano arso* (burnt wheat) flour, I see myself in happy exploration mode for the foreseeable future.

If your fingers are craving some creative

exercise, below is a recipe for *strascinati* that, in line with my philosophy of starting small, makes a manageable amount of dough. You can find links to both the dough making and shaping of the pasta online at www.northcoastjournal.com.

Handmade Strascinati

For the version I make (there are many in Italy), I use three fingers to shape the dough. Makes two small portions as an Italian first course.

Ingredients:

3 ½ ounces semolina flour
1 ¾ ounces warm water
A pinch of salt

Work the water into the flour and knead the dough until it is smooth and firm, about 10 minutes. Wrap the dough in plastic wrap, and let it rest for 30 minutes or so.

Prepare a work surface, such as a wooden cutting board or clean counter, by lightly dusting it with flour. You'll need room to shape dough and set aside the finished pasta.

Shape the dough into a thick roll, then cut it into five to six pieces. Take one piece (rewrapping the others) and roll it against the surface to form a rope about ⅜ inch in diameter. Cut each rope of pas-



Freshly made strascinati.
Photo by Simona Carini

ta into segments about 1 ¼ inch long. Drag the dough toward you, pressing with your index, middle and ring fingers along the length of each segment. This movement thins the dough and gives it the shape of a cylindrical shell (about 1 ½ inches long). Depending on how you move your hands, you will get strascinati that are the same width as the original cylinder of dough and have a narrow opening, ones that are wider and more open, or something in between. All are fine.

Lay the shaped pasta out on the flour-dusted surface. Repeat with the rest of the dough, one segment at a time.

Once your pasta shapes are finished, boil them in salted water until tender when tasted — about 3 minutes, until they float to the top — and drain. Serve with the sauce of your choice. ●

Simona Carini also writes about her adventures in the kitchen on her blog www.pulcetta.com. She prefers she/her pronouns.

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File

You need a creative outlet. Join the **Poetry on the Edge** Facebook page and see how poets in Humboldt are speaking to this moment “living on the edge of the continent, on the edge because of the crazy pandemic we’re living in.” Eureka’s Poet Laureate David Holper hosts.



Photo by Amy Kumler

The Clarke Museum’s Nealis Hall Curator Brittany Britton is taking questions about its Native American Collection via Facebook Live during **Ask a Curator on Friday, April 17, from 2 to 3 p.m.** (donations). Email your questions ahead or during the event, and get the answers straight from an expert with a real love of the material.



Submitted

Stomp your feet along with **John Reischman and the Jaybirds on Saturday, April 18, at 8 p.m.** when their bluegrass performance plays on Live at the Old Steeple on KEET. Feel free to play along from your living room.

Bulletin Board

Humboldt County free school meals are still available in many districts during spring break. For a complete list of all district meal times and distribution locations, visit the Humboldt County Office of Education website: www.hcoe.org/covid-19-2/school-meal-times-and-locations.

KEET is accepting short quarantine videos. Shoot a one-minute clip on your phone or tablet about how you’re spending your downtime during shelter in place — gardening, cooking, knitting, whatever works for you — as well as whatever silver linings you’ve discovered. Send video files to toproduction@keet-tv.org. These short videos will be used on KEET-HD and may be edited for length.

KEET is also accepting video stories from local Asian Americans and Pacific Islanders. As part of Asian American Pacific Islander Heritage Month in May, KEET is looking for stories from you to share. What experiences have you had living on the Redwood Coast? Tell us your story. Call 445-0813 or submit your story to production@keet-tv.org.

The Redwood Art Association seeks submissions. RAA will hold a juried virtual exhibition with prizes, judged by Dean Smith of College of the Redwoods. Deadline for online entry is May 9 at 5 p.m. for the May 13 opening. Exhibition entry and details available at www.redwoodart.us. The exhibition is open to RAA members. Membership available on the RAA website.

Access the Humboldt County Library’s materials, even without a library card. Create an e-account at www.humlib.org with just your name, zip code and an email address for newly expanded access to e-books, audio books, magazines and databases, even while the library is closed. Click “Connect with a Librarian or Get an e-Account” or call 269-1915 Tuesdays through Saturdays from 10 a.m. to 5 p.m. Those with an existing library card don’t need an e-account and can use their card on the site as well, even if carrying a bill. For those without online access at home, Wi-Fi is available outside all library locations Tuesdays through Saturdays from 9 a.m. to 9 p.m. Please observe social distancing while using library Wi-Fi. All Humboldt County Library branches are closed to the public until further notice. Library book-drops are locked and late fees aren’t being charged, so hold onto library books and other materials for now.

Quarantine Café seeks submissions. Share your gifts with the daily half-hour program featuring performances and interviews with musical acts from around the world. For submission guidelines, go to www.facebook.com/quarantinecafe. New episodes air there weekdays at 3 p.m. The entire backlog of episodes is available on Facebook and soon on YouTube. Email quarantinecafe2020@gmail.com for more information.

Reminders:

Friends of the Dunes is now accepting entries for the Solitary Bee Art Contest for kids pre-K through eighth grade, with a little help from their parents. Participants are required to complete a short educational reading and video before submitting artwork to info@friendsofthedunes.org by April 30. Winners will be chosen from each grade category. Prizes include Friends of the Dunes family membership, Northern California Beach and Dune Pocket Guide, posters and bug boxes. All entries will be shared on www.friendsofthedunes.org and social media platforms.

The city of Arcata encourages community members to practice zero waste while sheltering in place. The Environmental Services Department recommends composting food, food-soiled paper, garden and grass clippings to help keep these materials out of the landfill. The city is offering free delivery of a backyard compost bin, which may be purchased for the discounted price of \$25 by contacting the Environmental Services Department by email at eservices@cityofarcata.org or by calling 822-8184. Proof of residency within Arcata city limits is required. For more information on zero waste practices, visit www.cityofarcata.org or call the Environmental Services Department.

Redwood National and State Parks has closed parking lots to vehicles in order to slow the spread of COVID-19. Davison Road, Howland Hill Road and the Newton B. Drury Parkway are closed to vehicles. Coastal Drive and Bald Hills Road remain open. The parks remain open to day-use walkers, hikers and bicyclists. Most facilities are closed, including campgrounds, visitor centers, day use areas and restrooms.

The Humboldt County Animal Shelter will be closed to the public until shelter-in-place order is lifted, though staff will still be feeding and caring for the animals, as well as taking calls Monday through Friday from 8 a.m. to 4:30 p.m. If your pet is impounded at the shelter, call 840-9132 to make pick-up arrangements. If you leave a message, your call will be returned.

Get Help/Give Help

Northern California Community Blood Bank: You can make an extremely essential outing and safely donate at a number of times and locations around Humboldt. Blood mobiles and the blood center are set up for social distancing. Visit www.nccbb.net for a full schedule.

Mad River Community Hospital: Donations of PPE can be made at the main hospital entrance Monday through Friday, noon to 2 p.m. Facilities in need of masks can reach out to the Facebook group Humboldt Coronavirus Mask Makers for donations.

Emergency Grants Available to Help College Students Stay in School: In response to the COVID-19 pandemic, the Mission Asset Fund (MAF) has created a \$500 California College Student Emergency Support Fund. This is a one-time \$500 hardship grant for low-income students who are currently enrolled full time and have already completed 24 semester units. Undocumented immigrants, foster youth and those who are housing insecure are urged to apply. After approval, students can expect to receive the money via electronic transfer within 72 hours. Apply online at www.missionassetfund.org/ca-college-student-grant. Funds are expected to go quickly. Have your transcript, financial aid eligibility (any financial aid statement or award letter that shows EFC or California College Promise Grant Fee Waiver) and electronic banking login information (not required) ready.

SoHum Health’s hospital and clinic staff are calling seniors residing in the area to offer a wellness check, information on grocery delivery services via the Healy Senior Center, prescription refills and delivery, and Tele-health visits with their clinic provider, if needed. Seniors and others with critical health issues should not wait for a call. Please call SoHum Health’s Senior Life Solutions at 922-6321 to speak with or leave a message for a referral coordinator.

Humboldt Area Foundation and its affiliate the Wild Rivers Community Foundation (in Crescent City) have launched the COVID-19 Regional Response Fund to address the immediate and emerging needs of the region’s most vulnerable. Civic groups, individuals and community partners can join this regional effort. Tax-deductible contributions can be made by mail, at www.hafoundation.org or in person. Grants from the fund will be made on a rolling basis to nonprofits, other charitable organizations and Native Indigenous organizations in Trinity, Humboldt, Del Norte and Curry counties. For more information, visit www.hafoundation.org or call 442-2993.

Pacific Gas and Electric Co. (PG&E) is implementing a series of billing and service modifications effective immediately to support customers experiencing hardships as a result of the COVID-19 pandemic. For more information, visit www.pge.com/covid19.

Resources For Kids

From **Humboldt County Office of Education:**

Create CA offers vital resources highlighting the power of art to heal with its #CreateAtHome campaign. Get resources for parents, teachers and students, including at-home creative lessons, at www.artsintegration.net/CreateAtHome.

Homeschooling Facebook group has experienced home-schoolers to support friends and neighbors who may be homeschooling temporarily during the coronavirus pandemic: www.facebook.com/groups/temphomeschoolers.

MIND Institute Research is offering no-cost access to a free math instructional program for students in grades K-8. Free through June 30. www.stmath.com/coronavirus.

Scholastic magazine offers free, online learning experiences for kids of all ages: www.classroommagazines.scholastic.com/support/learnathome.

Autism Focused Intervention Resources & Modules (AFIRM) offers a COVID-19 toolkit with free resources for supporting children and youth with ASD during uncertain times. Topics include COVID-19, social narratives, hand washing task analysis and calming strategies. www.afirm.fpg.unc.edu.

Virtual World

House of Terror. Sat., April 18, 5-7 p.m. Virtual World, online. Robo-cat Productions hosts two hours of scary stories, songs and short films to “tingle your spine and chill your blood!” Visit www.facebook.com/events/s/house-of-terror for the YouTube link and creep yourself out from a safe social distance.

Ask a Curator. Fri., April 17, 2-3 p.m. Virtual World, online. Nealis Hall Curator Brittany Britton shares information on the Clarke Historical Museum’s Native American Collection and answering your questions. Questions can be emailed ahead or during the event, which is hosted through Facebook Live. Donation. admin@clarkemuseum.org. www.facebook.com/ClarkeHistoricalMuseum. 443-1947.

College of the Redwoods Juried Student Exhibition. April 14-May 14. Virtual World, online. A virtual show of student work on view at the Creative Arts Gallery website, where visitors can explore the exhibition in full. You can also see work posted daily on Instagram at @redwoodsgallery and at www.facebook.com/collegeoftheredwoodsgallery. This year’s judge is Gina Tuzzi. Free. www.redwoods.edu/artgallery.

Miniplex Movie Premiers. Virtual World, online. Support the Miniplex and enjoy fresh arthouse cinema at home. Check out films for three to five days (details online), including: *Bacurau*, *Extra Ordinary*, *Zombi Child*, *Corpus Christi* and *Then We Danced*. \$12. www.miniplexevents.com/movies.

Minor Movies. Virtual World, online. Support the Minor from your home theater. Check out films for three to five days (details online). Movies TBA. \$12. www.minortheatre.com.

The J Street Regulars Radio Hour. Mondays-Fridays, 7-8 p.m. Virtual World, online. As part of the Sanctuary’s array of “shelter in place” offerings, tune in for a live-stream performance broadcast from the Great Hall via Facebook Live. One of the J Street Regulars hosts, performing live and taking requests. April schedule: James Zeller on Mondays and Fridays; Daniel Nickerson on Tuesdays and Thursdays; Samara Jade on Wednesdays. Free, donations via website welcome. nanieldickerson@gmail.com. www.sanctuaryarcata.org/donate. 822-0898.

Club Triangle Streaming Saturdays. Saturdays. Virtual World, online. Weekly online queer variety show. Submissions accepted daily then shared on Streaming Saturdays all day. Post your art on social media and tag @clubtriangle.

#coronoshettadont. www.instagram.com/clubtriangle. www.facebook.com/clubtriangle707. Free.

The Future Is Now: A Zoom Communique. Thursdays, 6:30-8 p.m. Virtual World, online. A fun and interactive Zoom call based in Humboldt County. Join time travelers from your future who are searching for the artifacts from our time that predict life in the decades to come. Do you dream and work for a better future? Hear how your work turns out! Email or visit the Facebook event page for the Zoom link. Free. CoopHumEd@gmail.com. www.facebook.com/events/1657090377763791.

Hip Hop Dance Class with Cleo. Mondays, 2-3 p.m. Virtual World, online. Let loose with some easy footwork and isolation, while finding your own groove. Wear stretchy clothes and prepare space to jump around and shake what your mama gave ya. Donations of any amount can be sent through PayPal under Cleo_deorio@yahoo.com. Pay what you can. cleo_deorio@yahoo.com or Venmo under @cleodeorio. www.youtube.com/channel/UC3K_ieEdMDot-n2qjZclKh2g. (567) 242-8953.

Modern Dance Class with Cleo. Thursdays, 10-11 a.m. Virtual World, o. A relaxing and explorative modern class from the comfort of your own home. Find balance, strength and flexibility amid the quarantine stress. Wear stretchy clothes and prepare space to sprawl out on the floor. This class will be hosted on YouTube Live and is pay-what-you-can. Donations of any amount can be sent through PayPal under Cleo_deorio@yahoo.com or Venmo under @cleodeorio. Pay what you can. cleo_deorio@yahoo.com. www.youtube.com/channel/UC3K_ieEdMDot-n2qjZclKh2g.

Zumba Live with Tigger. Tuesdays and Thursdays at 5:30 p.m. Virtual World, online. Via Facebook Live and Zoom. Find Tigger Bouncer Custodio on Facebook for details.

Cultural, Historical and Scientific Collections You Can Explore Online. Ongoing. Virtual World, online. Tour

world-class museums, read historic cookbooks, browse interactive maps and more. Visit www.smithsonianmag.com/smart-news/68-cultural-historical-and-scientific-collections-you-can-explore-online-180974475. Free.

Boston Children's Museum Walk-through Tour. Ongoing. Virtual World, online. See the fun, educational exhibits from your couch. Free. www.bostonchildrensmuseum.org/museum-virtual-tour.

Free Virtual Field Trips. Ongoing. Virtual World, online. For kids (and grown-ups, too!) Visit the Great Wall of China, Anne Frank House, Monterey Bay Aquarium, International Space Station, The Louvre Museum and more. www.free-domhomeschooling.com/virtual-field-trips. Free.

Goodnight with Dolly. Thursdays, 4 p.m. Virtual World, online. "Goodnight with Dolly" will continue every week on Thursday nights until June 4. Dolly Parton will read a book carefully chosen for appropriate content from the Dolly Parton's Imagination Library. www.facebook.com/dollys imaginationlibrary.

Roald Dahl Museum Read Along. Ongoing. Virtual World, online. Fun and engaging resources for educators, parents and kids. www.roalddahl.com/things-to-do-indoors. Free.

San Diego Zoo Kids. Ongoing. Virtual World, online. Zoo videos, activities and games. www.kids.sandiegozoo.org. Free.

Yellowstone National Park Virtual Field Trip. Ongoing. Virtual World, online. Explore Mud Volcano, Mammoth Hot Springs and more. www.nps.gov/yell/learn/photos-multimedia/virtualtours. Free.

Gardens You Can Virtually Tour. Ongoing. Virtual World, online. From Claude Monet's garden in France to the Hawaii Tropical Botanical Garden to Waddesdon Manor in England. Visit www.housebeautiful.com/lifestyle/gardening/g31746949/gardens-you-can-virtually-tour. Free.

Buckingham Palace, Mount Vernon and More Historic Homes You Can Virtually Tour. Ongoing. Virtual World, online. Enjoy the stunning architecture and interior design of many significant homes from the comfort of your own couch. Go to www.housebeautiful.com/design-inspiration/g31677125/historic-homes-you-can-virtually-tour. Free.

Explore Mars. Ongoing. Virtual World, online. Explore the surface of Mars on the *Curiosity* rover. www.accessmars.withgoogle.com. Free.

Monterey Bay Aquarium Live Cams. Ongoing. Virtual World, online. View different live cams of Monterey Bay Aquarium exhibits. www.montereybayaquarium.org/animals/live-cams. Free.

Panda Cam at the Zoo Atlanta. Ongoing. Virtual World, online. www.zooatlanta.org/panda-cam. Free.

NASA Space Center's Hubble Space Telescope. Ongoing. Virtual World, online. Take a virtual tour of NASA Space Center's Hubble Space Telescope. www.nasa.gov/content/goddard/hubble-360-degree-virtual-tour. Free.

The Social Distancing Festival. Virtual World, online. A site for celebrating art from all over the world. Tune in for live streams of music, theater, storytelling, performance art and more. www.socialdistancingfestival.com. Free. www.socialdistancingfestival.com.

The Royal Opera House Free Streaming Opera/Ballet. April 17, noon. Virtual World, online. Tune in to The Royal Opera House of London's Facebook page or YouTube channel and bring a program of high art into your living room: April 17, *The Metamorphosis* (Royal Ballet, 2013). Free.

Quarantine Sing-a-long. Ongoing, 7 p.m. Virtual World, online. A Facebook group to join if you like fun group singing. Song of the day posted at 3 p.m., singing starts at 7 p.m. www.facebook.com/groups/quarantinesingalong. Free.

Fender is offering three months of free guitar lessons to

the first 500,000 who sign up. To sign up, go to the www.try.fender.com/play/playthrough.

Winchester Mystery House Virtual Tour. Virtual World, online. An exploration of the famously spooky home while it's closed for the COVID-19 pandemic. Follow Winchester Mystery House's Facebook page for the next opportunity to tune in for a walkthrough of the house, which will stream on select days at 1 p.m. Free. www.winchestermysteryhouse.com/video-tour.

Drag Queen Story Hour. Virtual World, online. Glitter, wigs and stories for the kids. Visit www.facebook.com/pg/dragqueenstoryhour/events to see who's reading when and hear a fabulous story. Free.

Virtual Marine Camp for Kids. Mondays, 11 a.m. Virtual World, online. Seattle-based Oceans Initiative marine biologists and parents Erin Ashe and Rob Williams livestream Mondays simultaneously on Instagram and Facebook. No need to sign up. Just like and follow their pages, and they'll "see" you Mondays at 11 a.m. Free. [@OceansInitiative](https://www.facebook.com/OceansInitiative), www.facebook.com/OceansInitiative. www.facebook.com/OceansInitiative. org/blog.

Socially Distant Fest. Another Facebook group for virtual connection and entertainment with 57,000 members and growing. From the group's "About" page: "This group has been created to bring some entertainment to those of us that are isolated/quarantined or distanced socially because of the COVID19 pandemic. We welcome performers of all backgrounds (musicians, poets, puppeteers, fire spinners, etc.) to share their talents with us! We will have a showcase every Sunday." Email howdy@sociallydistantfest.com to perform. Find it at www.facebook.com/groups/sociallydistantfest. ●



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GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-1231)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876
www.redwoodraks.com (D-1231)

STEEL DRUM CLASSES. Weekly Beginning Class: Level 2 Beginners Class Fri's. 11:15a.m.-12:45p.m. Beginners Mon's 7:00p.m.-8:00p.m. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-1231)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1231)

50 and Better

HELPING PEOPLE CHANGE WITH JERRY LYNN RUBIN. Sat., April 18 & 25 from 1-3 p.m. (O-0416)

CONSPIRACY STUDIES: A JOURNALISTIC APPROACH TO MODERN HISTORY WITH STEVEN SAINT THOMAS. Tues., April 21-May 12 from 6-8 p.m. (O-0416)

DESIGNING YOUR OWN ELDERHOOD WITH DAVID MARSHAK. Tues. April 28- May 12 from 10:30 a.m.-12:30 p.m. (O-0416)

IMPROVE YOUR WALKING TECHNIQUE WITH MELISSA HINZ. Thurs., April 23-May 21 from 10:45-11:45 a.m. (O-0416)

LILITH IN SPACE: FEMINIST SCIENCE FICTION BOOKS WITH AMY MOFFAT. Sat., April 25 from 10 a.m.-noon (O-0416)

OLLI ONLINE CLASSES: Shelter in place but stay connected with OLLI. Get more information or register @HSUOLLI (O-1231)

Spiritual

EVOLUTIONARY TAROT Ongoing classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com
carolyn@tarotofbecoming.com (S-1231)

SOTO ZEN MEDITATION Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, arcatazengroup.org Beginners welcome, call for orientation. (707) 826-1701 (S-1231)

LIFE WITHOUT LIMITS

Sequoia Conference Center
May 15th 16th 17th
DavidSandercott.com

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1231)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, McK 839-5691 (T-0430)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 707-825-0920, saahumboldt@yahoo.com (T-1231)

SMART ON ZOOM 707 267 7868. (T-0423)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-1231)

Wellness & Bodywork

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Herbal & Traditional Healing in Greece with Thea Parikos. May 22 - June 2, 2020. Discover the beauty, aromas, traditional and modern uses of many medicinal plants on this amazing journey of learning to the Aegean island of Ikaria. Beginning with Herbs. Sept 16 -Nov 4, 2020, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10-Month Herbal Studies Program. Feb - Nov 2021. Meets one weekend per month with three camping trips. Learn in-depth material medica, plant identification, flower essences, wild foods, formulations and harvesting. Register online www.dandelionherb.com or call (707) 442-8157. (W-0507)

YOUR CLASS HERE



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Computer

Fitness

Kids & Teens

Lectures

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Theatre & Film

Spiritual

Support

Therapy

Wellness

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NOTICE INVITING BIDS

1. **Bid Submission.** The City of Fortuna ("City") will accept electronically submitted bids for its Jameson Creek Fish Passage Improvement Project ("Project"), by or before April 29 2020, at 2:00 p.m., via email in the manner set forth in Section 1 of the Instructions to Bidders, at which time the bids will be opened and the results will be posted on the City's website at: <https://friendlyfortuna.com/CivicAlerts.aspx?CID=6>.
2. **Project Information.**
 - 2.1 **Location and Description.** The Project is located at the Jameson Creek crossing at Rohnerville Road, between Loop Road and Kenwood Road. The project limits extend approximately 150 feet upstream and downstream of the crossing.
The work generally includes excavation (40 feet below roadway surface), hauling, stockpiling and disposal of the roadway embankment and stream channel; support/bypass of existing water and sewer utilities during construction to maintain service; replacement of the existing culvert with a precast concrete culvert 12 foot high by 14 foot wide by 125 feet long (to be furnished by the City); approximately 400 feet of rock roughened channel (engineered streambed material); storm drain infrastructure including pipes and ac dikes; replacement of water and sewer lines; reconstruction of roadway, curb and gutter, and sidewalk; and erosion control, seed and straw mulch, plant procurement and installation.
 - 2.2 **Time for Completion.** The Project must be completed within 160 calendar days from the start date set forth in the Notice to Proceed. City anticipates that the Work will begin on or about June 8th 2020, but the anticipated start date is provided solely for convenience and is neither certain nor binding. In-stream work is limited by project permits to the period of June 15 to October 15. An additional 7 calendar days will be provided for plant installation between December 1 and January 31.
 - 2.3 **Estimated Cost.** The estimated construction cost is \$1,800,000 (does not include procurement of precast culvert, to be provided by City).
3. **License and Registration Requirements.**
 - 3.1 **License.** This Project requires a valid California contractor's license for the following classification(s): Class A General Engineering.
 - 3.2 **DIR Registration.** City may not accept a Bid Proposal from or enter into the Contract with a bidder, without proof that the bidder is registered with the California Department of Industrial Relations ("DIR") to perform public work pursuant to Labor Code § 1725.5, subject to limited legal exceptions.
4. **Contract Documents.** The plans, specifications, bid forms and contract documents for the Project, and any addenda thereto ("Contract Documents") may be downloaded from City's website located at: <http://friendly-fortuna.com> or by contacting brett.vivyan@ghd.com. A printed copy of the Contract Documents are not available. Contact brett.vivyan@ghd.com for additional options to obtain electronic copies.
5. **Bid Security.** The Bid Proposal must be accompanied by bid security of ten percent of the maximum bid amount, in the form of a cashier's or certified check made payable to City, or a bid bond executed by a surety licensed to do business in the State of California on the Bid Bond form included with the Contract Documents. The bid security must guarantee that within ten days after City issues the Notice of Potential Award, the successful bidder will execute the Contract and submit the payment and performance bonds, insurance certificates and endorsements, and any other submittals required by the Contract Documents and as specified in the Notice of Potential Award.
6. **Prevailing Wage Requirements.**
 - 6.1 **General.** Pursuant to California Labor Code § 1720 et seq., this Project is subject to the prevailing wage requirements applicable to the locality in which the Work is to be performed for each craft, classification or type of worker needed to perform the Work, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes.
 - 6.2 **Rates.** These prevailing rates are on file with the City and are available online at <http://www.dir.ca.gov/DLSR>. Each Contractor and Subcontractor must pay no less than the specified rates to all workers employed to work on the Project. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work must be at least time and one-half.
 - 6.3 **Compliance.** The Contract will be subject to compliance monitoring and enforcement by the DIR, under Labor Code § 1771.4.
7. **Performance and Payment Bonds.** The successful bidder will be required to provide performance and payment bonds, each for 100% of the Contract Price, as further specified in the Contract Documents.
8. **Substitution of Securities.** Substitution of appropriate securities in lieu of retention amounts from progress payments is permitted under Public Contract Code § 22300.
9. **Subcontractor List.** Each Subcontractor must be registered with the DIR to perform work on public projects. Each bidder must submit a completed Subcontractor List form with its Bid Proposal, including the name, location of the place of business, California contractor license number, DIR registration number, and percentage of the Work to be performed (based on the base bid price) for each Subcontractor that will perform Work or service or fabricate or install Work for the prime contractor in excess of one-half of 1% of the bid price, using the Subcontractor List form included with the Contract Documents.
10. **Instructions to Bidders.** All bidders should carefully review the Instructions to Bidders for more detailed information before submitting a Bid Proposal. The definitions provided in Article 1 of the General Conditions apply to all of the Contract Documents, as defined therein, including this Notice Inviting Bids.
11. **Bidders' Conference.** A bidders' conference will be held on Thursday April 16th, 2020 at 1:00 p.m., at the following location: Beginning at Fortuna City Hall located at 621 11th Street, Fortuna, California, to acquaint all prospective bidders with the Contract Documents and the Worksite. The bidders' conference is not mandatory.

By: Siana Emmons, City Clerk

Publication Date: April 2, 2020

CROSSWORD by David Levinson Wilk

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65						66					67					
68						69					70					

ORE — ANSWERS NEXT WEEK!

ACROSS

1. Title meaning "master"
6. [Oh. My. God!]
10. Smurf with a white beard
14. 2010 Nobelist Mario Vargas
15. Suffix with liquid
16. Remove wrinkles from
17. Cause of a gut feeling?
18. Tedious way to learn
19. Deli cry
20. Paddle a little too hard?
23. 130 and 140 are high ones
24. Where Michael Jordan played coll. ball
25. Geom. shapes
28. Send mined material to the surface enclosed in a box?
33. First word of many California city names
34. Snake-like
35. Amazon's industry

36. It was played between the Nationals and Cardinals in 2019: Abbr.
38. As low as you can go
41. ___-vaxxers
42. 1836 siege setting
44. Animals on Australia's 50-cent coins
46. Op. ___
47. Protest a trade involving NHL great Bobby?
51. Ending with quiet
52. "Well, well, well, whaddya know"
53. Abbreviation sent to someone who hasn't shown up yet
54. Ruthless-but-poetic preference given in an old "Wanted" poster?
60. Smog
63. Symbol of control
64. Words sung "with love" in a 1967 #1 hit?

65. Kind of mitt
66. "Should ___ acquaintance ..."
67. Sir William ___, so-called "Father of Modern Medicine"
68. Lust after
69. 1974 Gould/Sutherland CIA spoof
70. Close-call cries

DOWN

1. Subject of "How the Other Half Lives"
2. Penne ___ vodka
3. What a debtor might be in
4. Spotter's confirmation
5. Like the works of Handel and Bach
6. Teri who played Phoebe's mother on "Friends"
7. "Miss Hepburn runs the gamut of emotions from

8. "You got that right!"
9. Prettifies oneself, as in a mirror
10. Like breast cancer awareness ribbons
11. "All bets ___ off"
12. It comes in a chicken variety
13. Only creature besides humans to farm other creatures
21. Tree known scientifically as Populus tremuloides
22. Long
25. Stop
26. "Stop!"
27. Skedaddled
28. Sans a healthy glow
29. Let out
30. Commercial suffix with Motor
31. Actress Winona of "Stranger Things"

32. Tony winner Hagen
33. Utter mess
37. "Unbelievable!" in texts
39. Global financial org.
40. 12" stick
43. Tribe encountered by Lewis and Clark
45. Rest on
48. Family in a 1936 novel
49. Became uncomfortable, as some underwear
50. Rain boot
54. Blue Book value decrier
55. Like sardines
56. Extremities
57. ___ of Capri
58. Asset of an oceanfront home
59. Slips
60. Question asked in befuddlement
61. Director DuVernay
62. Meditative kind of state

LAST WEEK'S ANSWERS TO DIRECTOR'S CUT

T	A	R	A	N		T	I	N	O		S	H	O	O
A	T	E	N	O		S	C	U	B	A		Z	A	H
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EASY #15

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9		5				2		7

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LEGAL NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN F. CHRISTIE CASE NO. PR2000073

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of JOHN F. CHRISTIE
A PETITION FOR PROBATE has been filed by Petitioner, RAYMOND F. CHRISTIE
In the Superior Court of California, County of Humboldt. The petition for probate requests that RAYMOND F. CHRISTIE be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative

to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)
The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on April 23, 2020 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with

the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
ATTORNEY FOR PETITIONER: Kenneth M. Bareilles
533 E Street
Eureka, CA 95501
707-443-9338
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT
4/2, 4/9, 4/16 (20-101)

FICTITIOUS BUSINESS NAME STATEMENT 20-00153

The following person is doing Business as
BLOOM CHIROPRACTIC

Humboldt
2803 E St
Eureka, CA 95501

Eileen F Hackworth
2858 Polecat Ridge Ln
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Eileen Hackworth, DC, sole owner
This March 12, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk
4/2, 4/9, 4/16, 4/23 (20-097)

LEGALS?

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coastjournal.com
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FICTITIOUS BUSINESS NAME STATEMENT 20-00163

The following person is doing Business as
EEL RIVER SCRAP & SALVAGE
Humboldt
850 Riverwalk Drive
Fortuna, CA 95540
PO Box 322
Fortuna, CA 95540

EEL RIVER TRANSPORTATION & SALVAGE, INC
850 Riverwalk Drive
Fortuna, CA 95540

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Harry A. Hardin, President
This March 12, 2020
KELLY E. SANDERS
by sc, Humboldt County Clerk
4/16, 4/23, 4/30, 5/7 (20-102)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Jessie Nissen CASE NO. CV2000393

SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH ST.
EUREKA, CA. 95501

PETITION OF:
Jessie Nissen
for a decree changing names as follows:

Present name
Jessie Adeline Nissen
to Proposed Name
Jessie Adeline Bailey
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: May 15, 2020
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 16, 2020
Filed: March 16, 2020
/s/ Kelly L. Neel
Judge of the Superior Court
4/9, 4/16, 4/23, 4/30 (20-098)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
Justin Lee Wells & Min Jung
Kim on behalf of
Justin Lee Wells, a minor
CASE NO. CV2000419**

SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH ST.
EUREKA, CA. 95501

PETITION OF:
Justin Lee Wells & Min Jung Kim
on behalf of Justin Lee Wells, a minor
for a decree changing names as follows:
Present name
Justin Lee Wells
to Proposed Name
Justin James Wells
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 29, 2020
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 26, 2020
Filed: March 26, 2020
/s/ Kelly L. Neel
Judge of the Superior Court
4/9, 4/16, 4/23, 4/30 (20-099)



ADVERTISEMENT FOR BIDS

Electronically submitted bids will be received to provide all labor, materials and equipment for the City of Trinidad's 2020 Pavement Rehabilitation Project in Trinidad, California. The project includes but is not limited to: grinding and removing asphalt concrete, hot mix asphalt paving, replacing concrete utility collars, and traffic control on various roads in Trinidad.

Bids will be received until 2:00 pm May 1, 2020, via email to josh.wolf@ghd.com, at which time they will be opened and the results posted on the City's website at: <https://trinidad.ca.gov/>.

To bid on this project, contractors must hold the following contractor's license: Class "A" General Engineering. This is a public works project so all bidders must be registered with the Department of Industrial Relations (DIR) and pay the prevailing wage rates (this includes, travel, subsistence, holiday pay, designated days off and overtime) determined by the Director of the DIR according to the type of work and location.

Copies of the Contract Documents may be requested via email from josh.wolf@ghd.com, or (707) 267-2264.

CR COLLEGE OF THE REDWOODS

REQUEST FOR PROPOSAL FOR EDUCATIONAL AND FACILITY MASTER PLANNING

NOTICE IS HEREBY GIVEN that the Governing Board of the Redwoods Community College District, of the County of Humboldt, State of California, is soliciting proposals for qualified professionals to facilitate the updating or development of the Educational and Facility Master plans, proposals are due on May 13, 2020 at 2:00 PM PST.

Proposal Documents (RFP) are available at: College of the Redwoods 7351 Tompkins Hill Road, Eureka, CA 95501 **Website:** <https://www.redwoods.edu/businessoffice/Purchasing> Inquiries may be directed to: Steve McKenzie, Director, Facilities and Planning, **Email:** Steve-Mckenzie@redwoods.edu or Angelina Hill, Vice President Instruction and Student Development, **Email:** Angelina-Hill@redwoods.edu. **PROPOSALS ARE DUE:** No later than 2:00 PM PST on May 13, 2020. All proposals must be submitted by email to Julia-Morrison@redwoods.edu, or by mail to: College of the Redwoods, Office of the Vice President, Administrative Services, 7351 Tompkins Hill Road, Eureka, CA 95501.

Only proposals that are in strict conformance with the instructions included in the Request for Statements of Proposals will be considered.

Redwoods Community College District

Obituary Information

Obituary may be submitted via email (classifieds@northcoastjournal.com) or in person. Please submit photos in jpeg or pdf format. Photos can be scanned at our office.

The *North Coast Journal* prints each Thursday, 52 times a year. Deadline for the weekly edition is at 5 p.m., on the Sunday prior to publication date.

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Please return to

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470 Union Street, Arcata, CA 95521,

822-4845, office.unionstreet@gmail.com EOE

Please visit our website unionstreetcharter.org

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CURRENT JOB OPENINGS**NURSE MANAGER – EMERGENCY DEPT/ACUTE**

Full Time Position. Critical Access ER/Acute Department Nursing Manager; 4-bed Emergency room & 9-bed Acute care unit, seeking a Nurse Manager to provide leadership, administrative responsibility and oversight of the ER and Acute care departments. Current California RN license required. BSN, PALS, & ACLS required. Minimum 2 years ER experience required. Minimum 1 year Management Experience strongly preferred.

HUMAN RESOURCES ASSISTANT

Part Time position, 24 hours a week. Provide support to the Human Resources Director. Job duties include, but not limited to: Maintain confidential personnel files and personnel actions, assist the HRD with HR projects, provide clerical and operational support to the HR dept., assist with benefit enrollment, maintain online Learning Management System, and interact with and provide information to job applicants, employees, department heads, and other agencies.

High school diploma or equivalent required. Two years of experience working in human resources, office administration, or closely related field strongly preferred. Must possess strong office administration skills and be proficient in Microsoft products. Must be proficient in reading and writing in English.

RERRERALS COORDINATOR

Full-time position Monday to Friday in our outpatient Rural Health Clinic. Responsibilities include excellent customer service, obtaining authorization for patient services, processing referrals, communicating with patients, managing incoming medical records, and verifying provider documentation and fees with daily patient census. Effective computer, software, and phone skills required. Minimum one year experience in medical office or healthcare facility highly preferred.

**LICENSED VOCATIONAL NURSE –
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Full Time position, 8 or 10 hr. shifts, 4 or 5 days a week, Monday - Friday. Current California LVN license and BLS certification required. Work 8 or 10 -hour shifts in our outpatient Rural Health Clinic and at patient homes.

**LICENSED VOCATIONAL NURSE –
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Full Time, Part Time or Per Diem, 12 hour shifts. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility.

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This position requires working on
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For more information and to apply
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www.ci.eureka.ca.gov. EOE

Final filing date is at
5 pm on Monday, April 20, 2020.

EMPLOYMENT



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FISCAL/ADMINISTRATIVE COORDINATOR Fiscal/Administrative Coordinator position opening at the North Coast Rape Crisis Team serving the counties of Humboldt since 1972 and Del Norte since 1988. The position is housed in the Eureka office. If interested and for more information, please send an email to: mgmt@ncrct.org with the subject line: 'Fiscal/Admin position'.

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GARBerville – HOME ON ACREAGE - \$629,000

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HAWKINS BAR – MULTI UNITS - \$989,000

±3.89 Acres in Hawkins Bar with 4 homes, 2 ADA bathrooms, RV hook-ups, Hwy 299 frontage, and so much more! Property is a must see!

RIO DELL – LAND/PROPERTY - \$399,000

±14 Acres in Rio Dell! Spring, flat tillable land, and subdivision potential. City lot across the street included in sale. Adjacent parcels also listed for sale.



MYERS FLAT – HOME ON ACREAGE - \$499,000

±27 Beautiful acres near Myers Flat! 3/2 home, insulated garage, shop, 30 gpm well, 3 decks, IB membrane roof, and built to maximize solar gain in the winter and coolness in the summer.



WILLOW CREEK – LAND/PROPERTY - \$150,000

A ±9 Acre lot located at the top of the Bigfoot subdivision! This property boasts buildable flats, community water and power at the street.



CUTTEN – LAND/PROPERTY - \$495,000

±9.25 Acres in Cutten/Ridgewood area! Property has redwoods, open meadows, a skid road, and the potential to subdivide.

FORTUNA – LAND/PROPERTY - \$1,300,000

±24 Acres overlooking the Eel River with development/subdivision potential! Property has public utility access and owner may carry.



WILLOW CREEK – LAND/PROPERTY - \$385,000

±160 Remote acres featuring meadows, building sites, developed well, and Grass Creek frontage!



SALYER – HOME ON ACREAGE - \$319,000

Beautiful one acre gardeners paradise in sunny Salyer with a 3/2 main house and a 1/1 cabin, just minutes from the Trinity River!



SWAINS FLAT – HOME ON ACREAGE - \$139,000

River frontage property w/ a cozy 1/1 home complete dual pane windows, views, and a ¾ wrap around deck!

WILLOW CREEK – CULTIVATION - \$1,290,000

±140 Acre property w/ interim County permit for 28,900 sq. ft. of outdoor cultivation space! Features two wells, large year-round spring, & two developed agricultural flats.



HORSE MOUNTAIN – LAND/PROPERTY - \$2,500,000

8 Remote patent parcels totaling ±1,279 ac off USFS 1 appx 18 miles from Berry Summit. Owner will carry.



EUREKA – LAND/PROPERTY - \$135,000

2 Eureka lots totaling ±.14 acres. With permits paid for 2 commercial buildings and city services, these parcels are ready to go!



ZENIA – HOME ON ACREAGE - \$750,000

±106 Acre ranch in Trinity County w/ 2 houses, wash house, small cabin, outbuildings and large barn. Has permit potential. Adjacent 30ac is also available (MLS#255859).

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